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famed psychic,
Kristy Robinett!



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THE GRIMSTONE GRIMOIRE

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PSI SPIES: Project STAR GATE

By Kara Swanson, Grimstone Gazette
Editor-in-Chief & Field Investigator



Remember that scene in Netflix's *Stranger Things* when Eleven is in a sensory deprivation tank trying to telepathically receive intelligence from an unknowing Russian spy some millions of miles away? While this may have seem like an unrealistic Hollywood plot, it is actually inspired by a real U.S. government program know as Project STAR GATE.

As tension ran high during the Cold War, the CIA secretly formed Project STAR GATE in 1972 in response to the Soviet Union and China's growing interest in parapsychology ⁽⁵⁾. The project was originally piloted at Stanford Research Institute in California with a budget of just \$50,000 ⁽⁴⁾. According to now declassified U.S. documents, STAR GATE was an "Intelligence Community program focusing on the use of paranormal phenomena" ⁽⁵⁾. It was tasked with researching parapsychological phenomena with the intent to develop it into a viable defense resource for the U.S. military. Simply put, the mission was to create psychic spies.

The initial focus was on remote viewing. Remote viewing is when a person psychically travels to a distant destination and is able to obtain information regarding that location without ever physically being there. This sometimes can be done using telepathy (communication between two minds) – like Eleven in *Stranger Things*.

Using remote viewing, some of the STAR GATE participants were able to describe and even draw details of a specific place, person, or thing. As their abilities were developed, they eventually were able to remote view on a specific target with surprising accuracy. This is when the U.S. military really started to take note of the top-secret project.

The U.S. Air Force, Army, and Defense Intelligence Agency (DIA) took over the operation in 1976, and moved the now multimillion-dollar STAR GATE operation to Fort Meade, Maryland ⁽⁵⁾. The CIA completely stopped financing the ESP research in 1977 ⁽⁴⁾.

In a 1984 debriefing report written by project manager, LTC Buzby, he describes that under the newstructure, STARGATE agents were being trained in "state-of-the-art psychoenergetic intelligence collection and counterintelligence techniques" ⁽⁶⁾. He defined psychoenergetic as "the process by which

an individual may psychically interact with objects, locations, organisms or events...this includes such disciplines as psychokinesis, remote viewing, and remote communicating" ⁽⁶⁾.

He also stated in the classified military report that during 1979, the Army's Intelligence and Security Command (INSCOM) had conducted "79 operational missions, 43 of which were dedicated to assisting the intelligence community during the Iranian Hostage Crisis. During 1980, after we acquired operational experience, our own separate facilities, and increased manpower, we were able to increase our production to 386 operational missions, 154 of which were still dedicated to Iran" ⁽⁶⁾. The debriefing also reported, "Over 85% of our operational missions have produced accurate target information. Even more significant, approximately 50% of the 700 missions produced usable intelligence" ⁽⁶⁾.

By the mid 1980's STAR GATE was a full-blown counter terrorism operation credited with providing detailed renderings of secret Soviet bases, the whereabouts of Red Brigade terrorism hostages in Italy, locations of Scud missiles during the first Gulf War, and much more ⁽¹⁾.

As success grew, the operation began research on more controversial subjects like psychokinesis; the ability to mentally move objects. This morphed into a more deadly desire when agents were asked to kill animals using only their mind. The



A TALK WITH A PSYCHIC MEDIUM

By Christopher Bailey, Grimstone Inc. Director

“ I was raised Lutheran so what I have experienced and what I share is not necessarily connected to what my upbringing was ”

Working for the [Grimstone Grimoire](#), I have had the pleasure to talk with a variety of individuals in the paranormal community. As one of the resident technology geeks, it is an exciting treat to talk with someone who takes a very different approach to the paranormal. Perhaps nothing to me is quite so different than mediumship. To put away the electromagnetic field detectors, surveillance cameras, and audio recorders and speak directly to those that passed away seems an impossible task for someone like me. Thus, I was so delighted to speak with Kristy Robinett who has been in communication with spirits since she was three. She has published over ten books on hauntings and messages from the other side as well as teaches workshops, hosts ghost hunts, and offers personal sittings.

Chris: Hi Kristy. I know you are very busy. I believe you are in the middle of two book projects. Thus, I am really glad you could take a few minutes to speak to the readers of the [Grimoire](#) and myself about what you do.

Kristy: It has been a little crazy. I am currently moving from my Livonia office. In addition, I have two books that are due out last year. I was hoping they were due out like a month ago. I have two that are written and one that I have been working all day today on, trying to synopsis. That one is about animals on the other side.

Chris: Really?

Kristy: Yeah, I am not a pet psychic. It is not my specialty. When they asked me if I was interested, I had just lost my Australian Shepherd and I thought I do see animals on the other side. I don't communicate with them like Dr. Doolittle, but I do communicate with them through other people's loved ones. So I said if you are okay with me explaining it how I do it... and they were "yeah, perfectly ok". I am trying to get that to them and I have a book that is kind of a little bit darker with the in between like earthbound spirits and

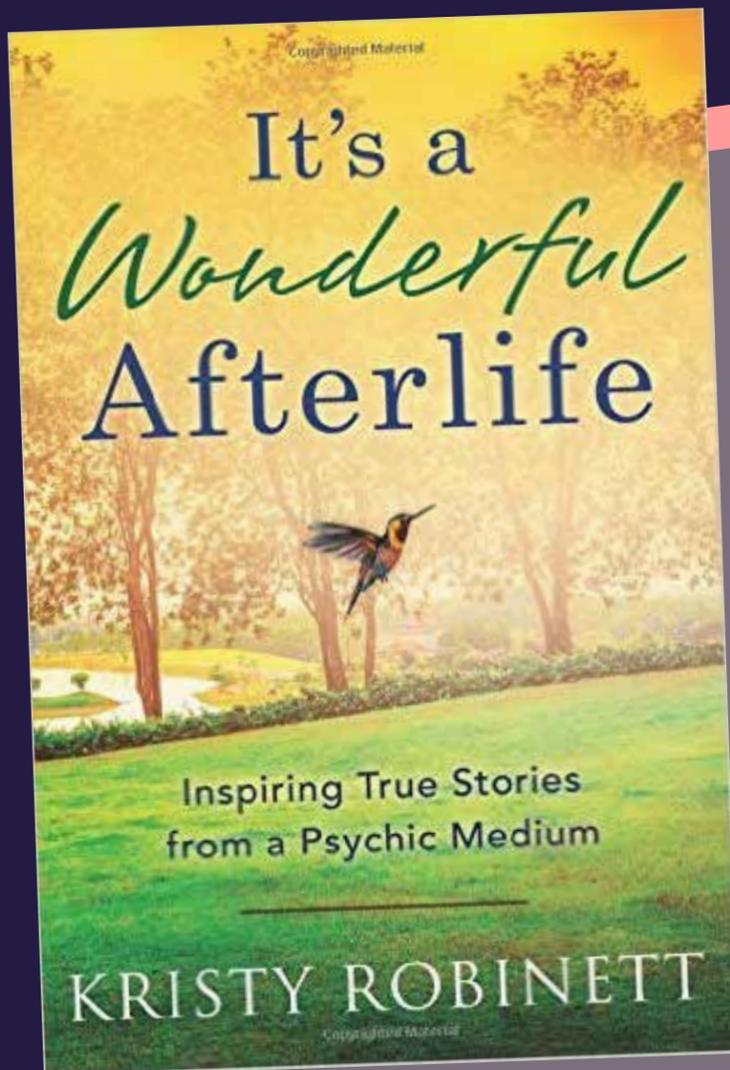
purgatory, hell, and it is a little bit on the spookier side. In some ways I have struggled with this one because I am light hearted.

Chris: I know you have written about various hauntings in Michigan, and you have had the spooky element, but they have never been dark per say.

Kristy: Right, yes. This is a little bit interesting in that, but they were do whatever you want to do. I am trying to complete my animal book so I can complete this one. In the meantime, I have a continuation of [It's a Wonderful Afterlife](#) that is coming out, which is called [Messages from a Wonderful Afterlife](#). It will be out in August right before Michigan Paracon, which I will be at this year.

Chris: Fantastic. Did you complete [Messages from a Wonderful Afterlife](#) already or is it also still in the works?

Kristy: No, this one has been done for a number of years, but they have been waiting for the right timing. It was kind of interesting; in 2015, I had [It's a Wonderful Afterlife](#) come out and it was well received. It was number one on Amazon. I had alot of appearances, but what came with that were alot of death threats. I ended up having to get law enforcement involved because apparently when you talk about heaven and the afterlife, it sometimes brings out interesting characters who are threatened because it doesn't go along with their values or ways or beliefs. That was interesting. My publisher decided to delay this one and hopefully there would not be more negative people threatening my life. It was like the Salem witch trials all over again. It is really bizarre. They were going to set me on fire. There was a group or posse of people that were going



Kristy Robinett is a spiritual advisor, bestselling author, and life coach. Released in 2015, It's a Wonderful Afterlife, explores heaven, hell, and the transition to the other side. Kristy also shares personal stories from her 40 years of being a psychic medium, including the signs and symbols that our loved ones may use to reach out to us. All of Kristy's books can be found at www.amazon.com/Kristy-Robinett/e/B0030JGDMC.

Photo courtesy of Amazon.com

to set me on fire. They wanted them to go away and they wanted the right timing so they gave me a year in between to take a little bit of a break and write instead of promoting.

So I have had this one for a while. I was telling my husband, Chuck, I do not know if I even remember the stories from it. I am going to have to go back and read it since the publisher had it so long. I really like this one because it is different than It's a Wonderful Afterlife. It is kind of a continuation but it has some stories of the other side but it also has an awful lot of information on how to

make your own connection. And how to develop your own intuition so that you can connect with yourself on the other side. I have some fun stories. I talk about a spirit that came through naked and I kind of talk about why they do not all come through naked. Spirits are souls. They do not really have to wear clothing. It goes into some animal communication as well. And babies. What happens if a baby passes away. Are they taken care of? It is a bit different, but it still has a positive message.

Chris: Wow. You gave so many different question arcs just from those few statements. Number one, is it a secret or do I have to read the book to find out why some ghosts come through naked?

Kristy: This was really funny. I was doing a gallery reading and there was this naked guy who was just standing in the back of the room. I was like "okay?" He was pretty much a flasher, but in life he was a practical joker. At family gatherings, he would strip to make everyone laugh. It was his personality. While spirits do not have to have physical clothing, we recognize them through their physical being. They tend to come through the way we would recognize them, the way we could validate who they are. If grandma would always wear a pink bathrobe and curlers every time you saw her, she would probably come through that way even though on the other side that is not really how her energy is. That is how you feel comfortable with her.

I think that is why we are so interested in when we come to a paranormal place, because we don't know. They show themselves in the way that they were so we can figure out time periods. If they smoke. If they didn't smoke. If they wore this specific perfume. It helps for them to have a sense of who they are other than Casper the friendly ghost. They come through in how they could be recognized or hope to be recognized.

Chris: You mentioned in your discussion about this new book ways of opening yourself or communicating with the other side on your own. I know you have been communicating with spirits for a very young age - early, early childhood. You obviously have some gifts. Do you feel that anyone can communicate?

Kristy: Yeah, I always say I am not special. Darn it.

Chris: I wouldn't say that.

Kristy: Maybe I am special in other ways. I have since I was three years old. For some reason, I just didn't shut it off. I am kind of a stubborn person. So when my parents said, there are no such things as ghosts so your imaginary friends are really imaginary. I was the stubborn Scorpio that said "watch me." You know, I think they are truly real to me and they are real. I think for the most part we get so resolved in just real life that we shut it down and now that we are so bothered by technology, so focused. Even when we go ghost hunting, everyone is staring at these pretty lights and these machines instead of looking around them and sensing and feeling and hearing; they are not allowing themselves to have the awareness, which drives me crazy because that is when you actually receive communication or signs. We just don't do that. We have a phone in our hand. We have a computer in our lap. We are constantly ADHD so it is hard for us to focus inward or quiet our minds so we can hear them, we can hear their signs, we can have some sort of a communication.

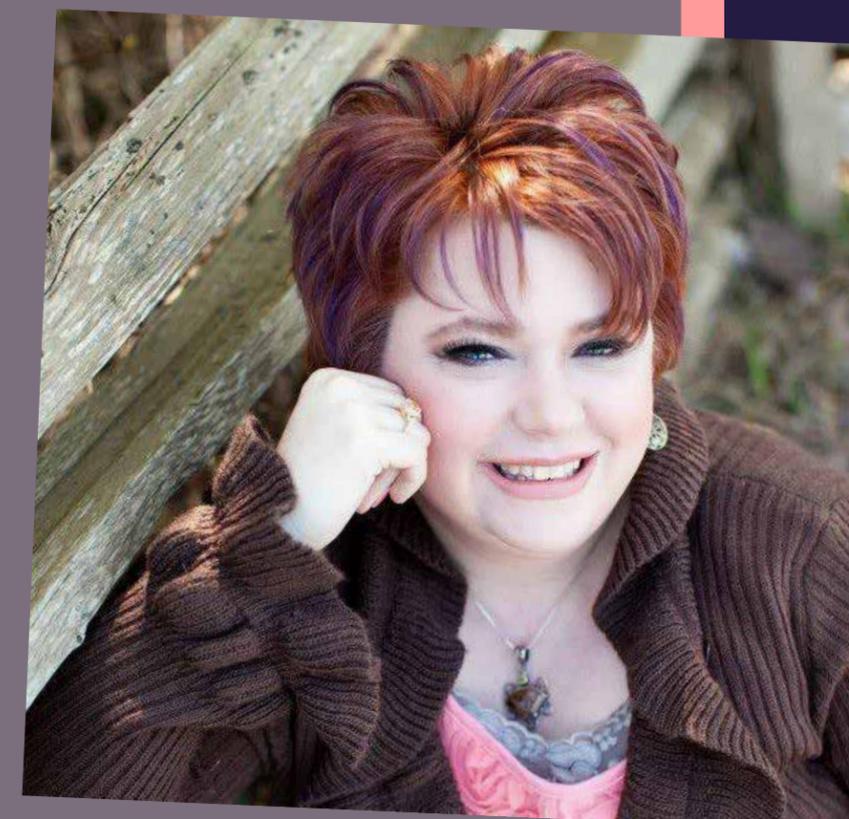
My favorite place growing up was going to the cemetery. I always said there were no ghosts there. It was the most peaceful place ever. For me it was the stillest place. I didn't get bothered by the dead and I wasn't bothered by the living. The cemetery is still my escape. We kind of sometimes need that down time.

Chris: Everyone certainly needs some down time. I can agree to that. When you are open to the paranormal like you are, do you get that down time? Do you get after hours calls from the other side?

Kristy: I do. Yeah. In my old house in Livonia, its very "house-on-top-of-house" in proximity with each other and I was bothered all the time at night. I did not sleep well at night there. My doctor who is a believer would offer hypnosis suggestions, or rakei suggestions, or sleeping

pills suggestions to try to quiet it. It just never worked. But since I have moved, I am not as bothered. It is like they are calm here so I am allowed to have some calm time too. And if they really need me, they find a way to get to me. We didn't think that we moved into a haunted house when we moved here. It actually felt really clear and we have a couple friends who came and said "yeah, I do not feel anything." We are now having alot of paranormal activity and it is peculiar stuff, but none of it is frightening as it is them trying to get our attention. I feel they are allowing us sleep time. It is kind of peculiar.

Chris: It sounds like you moved into the right home then.



" I was going through stress seizures and migraine seizures so I ended up going to a neurologists and a therapist...each one of them told me that I was a medium and was disallowing my gifts. "

Kristy: Yeah, we hear voices. We hear "hello" every once in a while. Our closets will open. Our drawers will open and close while we are looking at them. My son's blankets will be pulled off of him while he is looking. Though, none of us are scared. It feels like "hey, where have you been? You should have been here years ago." It feels welcoming instead of scary.

Chris: I can understand that. With your [It's a Wonderful Afterlife](#) book, it seems to be a very positive message, yet you mentioned getting some death threats from those who felt it challenged their beliefs. It seems to me that so much of the paranormal and the other side is tied in with people's religions, beliefs structures, and what is the truth; what people believe do not always go hand-in-hand. It can be a real challenge to be able to present the truth, whatever it may be, due to these preconceptions.

Kristy: Right, you cannot convince anybody, especially if they have this belief system built for so long and even throughout generations. I never thought to be the person to make a believer out of a skeptic. I never felt that was my job at all. It is more of an offer of a different look. I was raised Lutheran so what I have experienced and what I share is not necessarily connected to what my upbringing was either.

Chris: I was raised Catholic and there was always Purgatory, Heaven, Hell and there was not anything else on the other side. It seems like the world is much more than those black and white layers. I heard you have actually talked with your minister about this at one point?

Kristy: I did. I was going through a pretty bad divorce and it was like a dam had opened. I had tapped the abilities and had the clear communication to the other side hidden for so long, and shut down for so long, that as soon as he left and I was left with the kids everything sort of snow balled out of control. I went to my minister and hoped... I don't really know what I was hoping for... I joke that I was hoping for an exorcism or a splash of holy water to make it go away, but he was a very caring man, very formal. He was someone you were not intimidated by, and someone who has power, but didn't take advantage of it. He was a powerful fatherly person, and when I went to him I ended up giving him a reading. In the new book, it explains it more in depth. It goes into the story of the reading and how his relationship and my relationship transitioned into what I am doing now. He was an instrument for part of the acceptance of what I was doing. It was him who perpetuated to go see a medium, which to me seemed so sacrilegious and wrong and crazy, but I did. It was the medium who offered me a job and I accepted the job and the rest is history.

Chris: That is amazing. I feel you are very lucky to be able to go to someone, especially in that position and authority, and they were open to what you had to say and point you in that direction.

Kristy: It was synchronized. I was on the right path at the right time. I was going through stress seizures and migraine seizures so I ended up

going to a neurologists and a therapist and each one of them told me that I was a medium and was disallowing my gifts. So they told me it is sorta like a gifted piano player that never learned to play. Their hands are itching or feeling like they need to do something, but they are so busy when really they are just supposed to put their hands on that piano. You are supposed to be opening up that communication to the other side. To look at a neurologist from the University of Michigan and be in front of a therapist who I am sure is prescribing drugs for schizophrenic people - for them to look at me and tell me that I am normal and I am just needing to pursue my gift, it was an out of body experience even to think that. Some higher power was definitely giving me the right people to do that. Every day I feel that sense of gratitude and blessed for having that team of people, who to this day probably have no idea except for my minister who has passed away, how pivotal they were to me to forward connections

for thousands of people.

Chris: I am very curious how a neurologist diagnosis mediumship. I would love to see your MRI, Kristy.

Kristy: That is actually what it was. My MRI came back that was lit up like I was more in a meditative state, which there could be a joke there too, but he was like you are just utilizing things differently than other people. They gave me crazy tests. I cannot recall what they were all called, but my brain was hooked up to these devices and they showed me patterns, people, and animals and wanted to see how I reacted to them. It was not just an MRI. They did an awful lot of testing. Again, I joke that Blue Cross probably loved that they paid for me being a





to tell them or don't tell them depending on if I want to talk about it, if I think they are going to be a believer or a disbeliever, or think I am crazy or not crazy. Most of the time, they go into the "who is around me now," which can be exhausting too because you feel like you have to be on or have to prove it. People don't say "what do you do?" and you say, "an artist," and then they say "prove it; paint me a picture then." I don't know, maybe they do. It is an awkward profession.

Chris: I imagine most of your clients come to you to reach out to the other side. Has the other side ever reached out to you to contact someone?

Kristy: Yeah, I have a weird practice where I won't be the chaser unless there is something a bit 911 about it. I had a couple instantaneous situations that I share on in It's a Wonderful Afterlife. I was in the mall one time. It is Christmas time and I had this lady in spirit. She was a grandmother energy and she kept saying, "that is my granddaughter. She has a nail in her tire. She is going to blow her tire. She has a ways to go home. You need to tell her. You need to tell her." So finally I did go over there and this is crazy, but I gave her the message.

She asked for my card. I said "I am not selling my services. Just go and get your tire checked out." She went to the Sears and she called me and said "the guy said there was no way I would have made it home so thank you."

Sometimes I get those crazy 911s. I had a lady who came to me in spirit for one night and said "my granddaughter has breast cancer. She needs to go to the doctor ASAP. She'll be okay but she needs to go to the doctor." She gave me a name and it ended up being a friend of a friend or something like that. So what do I do? I am just going to randomly go up to them? I think it is unethical, but I did contact her and she ended up having a cyst and she ended up getting it taken care of. She is ok. Typically, I don't. If they are really agitated and they feel like I have to get a

message across, I will, but I can count on both hands how many times I have done that. Its not frequent and its not about money. I just have some boundaries for even the spirits to contact me. I try to anyway.

Chris: I have talked to a few mediums before and your messages always seem very detailed. How do you connect with spirits? Do you see them? Hear them? Do they come over in pictures?

Kristy: I am weird in that I actually physically see them. So they stand in front of me. I hear them telepathically. I say I have all the players. I hear, see, feel, sense, and know. Then I have the empath ability. Some people would call it a medical intuitive. I can feel what happened to them. I can feel the fluid in my lungs, or I can feel the pain in my head, or I feel the confusion around them to sort of validate what had gone on with them which is why alot of the times I work with law enforcement. I can validate or help them along the path as to what happened. Even though there are toxicology reports and there autopsy reports, there is confusion still on top of that. It doesn't tell the whole story all of the time. I actually physically see them. It is not in my mind's eye.

Chris: That is really cool, except for perhaps the late night visitors. That might be a little startling.

Kristy: Even in my office, I may be startled a little. I have a like a line set up for the spirits where they have to stand... this is going to sound dorky... kind of like a board game... they have to stand in certain areas and it helps me figure out who they are. So if it is an in-law, if it is a direct connection, if it is a friend, a co-worker...I have different squares, if you will, that they have to stand on. They do not always listen to me. Every once in a while, someone will stand where they are not supposed to stand and they just really confuse me. Those are the rule breakers. If someone here does not like to follow the rules, they are not going to change on the other side. Our personalities stay pretty much intact to who we are. It tends to be a laugh because, "why is your grandmother here when she has passed fifteen years ago?" The client would respons, "yeah, she never listened to anybody." So that is how I sort of see it. The empath part of it is probably the toughest. The feeling of emotion, the feeling of sadness from

" Our personalities stay pretty much intact to who we are "

the other side, and those here too.

Chris: That can be a powerful connection point.

Kristy: I think alot of people have that, but they do not know what it is called. Some people might say you are too sensitive. You are just a complicated person or what have you. I think alot of people have that empath ability and they have been berated for so long that they don't recognize it as a gift, and think of it as a personality flaw. They might be feeling the emotion of a person on the other side, but they discount it or they take anti-depressants thinking that it is them. It can be kind of complicated.

Chris: I guess that goes back to how people are raised to believe as to how things actually are.

Kristy: Yeah, or just listening to other people's beliefs and creating that into their own too.

Chris: You have talked about so many good things from being able to develop empathy, to developing some of your gifts, to being able to connect with the other side. You help people as a life coach and have workshops to develop gifts. Do you have some events, classes, or things coming up that might be of assistance to people?

Kristy: My background was actually human resources. I was a business coach for a long time. I utilized the psychic abilities and mediumship, but they didn't know it. I would know things and they wouldn't know how I knew it. I would pretend that I didn't know it.

Chris: That is not fair.

Kristy: I was the corporate narc. That is really

what I was. I worked for alot of corporations in helping them... it sounds terrible... helping them with their workers comp fees cause I could know if they were faking or they weren't faking their injuries. I was really good. I was very successful at that, but it got old and when people realize you are the corporate narc, you are not necessarily liked.

I do events and I do classes all year long, whether it is intuitive tarot, to different gallery readings, to

who are your angels? I go a couple months out with different classes to try to make people think outside their comfort zone and I do alot of library events around Michigan. That always gives the skeptics a chance to learn maybe out of sheer curiosity and not have to pay anything. There is a bunch there on my website. You know at the end of the year, it is always extremely busy with events, paranormal events, and such.

Chris: Thank you so much Kristy for this time to talk with you. Those interested in Kristy's events, books, or activities can always find details at: www.KristyRobinett.com and her titles are available on Amazon.



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Psychics and the Powers That Be

By Crystal Smith, Grimstone Inc. Field Investigator

Real or Hoax? Superstitious nonsense? Occult science? Can it be trusted? These are some of the questions that surround psychics and psychic power/phenomena. To get a better understanding and possibly answers to these questions, one must first understand the origins and the evolution of psychics and psychic power/phenomena. If you are ready, let's take a journey to a world where rational thought and physical laws might not apply.

The term psychic by definition is a person who professes an ability to perceive person, object, location, and physical events hidden from the normal senses through extrasensory perception. Abilities include but are not limited to telepathy, precognition, clairvoyance, and psychokinesis. The word psychic was credited to Nicolas Camille Flammarion, a known author and French astronomer, during the 1800's. In his psychical research, Flammarion took a scientific approach to verify the existence of psychics and psychic phenomena's by studying and experimenting on various psychic communications.

So did psychic phenomena's begin in the 1800's? Not exactly. Throughout history, there have been accounts of people and/or objects that could provide insight into the future, often inspired by the Gods. Around 200 BC, Celtic

paganism had Druids that were high ranking priest counselors with the gift of prophecy. They had prophetic visions from their dreams that were acquired by sleeping in a sacred place close to trees. One famous prophetic vision was from a Druid named Cathbad who foretold the tragic fate of Deidre and the Sons of Urna. If we turn our attention to China between 1600 - 1046 BC, we would find diviners who used oracles bones, made of ox bones or turtle shells, to predict the future. Diviners would carve questions into the bones, heat them with intense heat until they cracked, and then interpret the patterns of the cracks. The Igbo people, circa 2500 BCE, from Nigeria were known for their female priestesses that served a particular God. The priestesses would deliver prophecies in a transcendent state to visitors seeking advice. They often resided in caves or other secluded locations away from the general population. Let's now travel to Mari in the Middle East which provides us with some of the earliest oracles ever recorded. Archeologists have found tablets dating back to 2900 BCE describing two different types of prophets. The first type of prophets used omens; natural phenomena to foretell the future, often signifying change. Examples include eclipses, abnormal births of animals and humans, and behavior of sacrificial lambs on its way to the slaughter. These divine messages from their Gods came in yes or no answers. The second type of prophets used intuitive divination. Believed to be in a transcendent state, prophets would receive insight ranging from autosuggestion to divinely infused dreams. Even before Mari, findings of various artifacts and cave paintings prove many cultures sought to have communication between themselves and the Gods. Most notably, the use of celestial objects to predict seasonal shifts and celestial cycles were signs of divine communication.

If all these cultures believed and have proof of divine communication, why are there so much skepticism surrounding psychics and psychic power/phenomena today? To answer that question, let's speed up time by a couple of centuries to the birth of Spiritism. "Spiritism postulates that humans are essentially immortal spirits that temporarily inhabit physical bodies for several necessary incarnations to attain moral and intellectual improvement. It also asserts that spirits, through passive or active mediumship, may have beneficent or maleficent influence on the physical world." In the 19th century, French educator Hippolyte Leon Denizard Rivail, creator of Spiritism, wrote five books outlining

Psychics...

Spiritism based on experiences of psychic phenomena during séances he attended. These books were labeled the Spiritist Codification with the following description:

- "The Spirits' Book - defines the guidelines of the doctrine, covering concepts such as God, Spirit, Universe, Man, Society, Culture, Morals and Religion;
- The Mediums' Book - makes claims about the mechanics of the spiritual world, such as the processes involved in channeling spirits, techniques to be developed by mediums;
- The Gospel According to Spiritism - comments on the Gospels, highlighting passages that Rivail believed represent the ethical fundamentals shared by all religious and philosophical systems;
- Heaven and Hell - purports to provide interviews with spirits of deceased people intending to establish a correlation between the lives they led and their conditions in the beyond;
- The Genesis According to Spiritism - attempts to reconcile religion and science, dealing with three major conflicts between the two: the origin of the universe (and of life, as a consequence) and the concepts of miracle and premonition."

Spiritism gained prominence in 1848 when Sisters Catherine, Leah, and Margaret Fox showed their ability to communicate to spirits by using taps and knocks, automatic writing, and allowing spirits to take control of their bodies. They had successful careers as mediums and were the first to charge for public events. In 1851, a relative of the sisters came forth and admitted that the sisters were frauds and that she helped them trick people. Over the years, the Fox sisters failed numerous experiments that would prove their psychic abilities. The Fox sisters were finally discredited as mediums when, in 1888, Margaret and Catherine confessed their fraudulent activities. Margaret stated that the taps and knocks came from the sister's ability to make noises with their muscles in the lower part of their legs. She also stated that once the tapping and knocks began, people would imagine spirits touching them in dark sittings.

Since the mid-

and the Powers That Be

1800's, psychics and psychic powers/phenomena, in many instances, have proven to be dishonest. Psychical researchers have debunked some of the most infamous psychics and many magicians have come forth to provide insight to how the deception was performed. William Eglinton, known for his ability to materialize spirits in his séances, was debunked when psychical researcher Thomas Colley grabbed the spirit, cut off a piece of it's cloth, and found it to be an exact match to cloth found in Eglinton's suitcase. Ann O'Delia Diss Debar was a fortune teller and diviner who was convicted of fraud on several occasions. At one of her sentences, magician Carl hertz appeared and showed the court room how Debar performed her tricks. Magician Harry Houdini said that Debar was "one of the most extraordinary fake mediums and mystery swindlers the world have ever known". Psychical researcher Tony Cornell proved medium Alec Harris was a fake when his so called "spirit" materialization had a pulse, nicotine smelling breath, and stomach rumblings. In recent years, fake psychics have turned to "cold" and "hot" readings as a form of deception. Cold readings allow psychics to quickly obtain information from the person receiving the reading by physical appearance, mannerisms, and high-probability guesses. Hot readings require psychics to ease drop on conversations or perform background checks unbeknownst to the person receiving the reading. These types of readings make it harder for psychics to be debunked.

Real or Hoax? Superstitious nonsense? Occult science? Can it be trusted? After our journey, did these questions become easier to answer or did it leave you more confused? I have given you accounts that shed both lightness and darkness on psychics and psychic powers. At the end of the day, its up to you to decide if there are higher beings and whether or not they are trying to communicate with your through various resources. 🐼

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Psychics

Grimstone Inc. Members Share If They Believe in Psychics

I absolutely do. But I also realize that there are charlatans out there.

Mary

I believe the mind is a powerful force, but I have yet to have an experience with a psychic that makes me a believer.

Kara

I believe without a doubt in psychic and mediumship abilities. We all possess the ability, some more enhanced than others. Believe it or not, your very own gut feeling or instinctual feelings come from spirit. If most of us go with our gut feelings, we'd be right 99% of the time...

Mark

I am a believer. I have had many personal experiences. I however, question the authenticity of some. But with like anything else you have to go with your "gut" to determine who is blessed with the gift and who is a scammer.

Suzette

I want to believe. There are a lot of cool stories about people with mystical, psychical powers, but I have not experienced anything for myself yet.

Matt

I'm on the fence about psychics. Most are con artists with excellent cold reading skills. However, the human mind is a powerful thing, so I can't completely dismiss the phenomenon.

Melissa

Yes I believe people can have psychic abilities but I sincerely doubt paying them \$25 will somehow activate said abilities.

Barbara

I believe in some psychic phenomenon because I have witnessed it first hand in amazing ways. However, I have always met a lot of frauds too. When dealing with aspects of the paranormal, you have to keep an open mind.

Chris

I don't believe in the 'fortune-telling, entertainment-type' psychics, which is what I automatically think of when I hear the word 'psychic'. I do, however, believe that the mind is a very powerful thing, and our own personal feelings can be very important to our well-being. Someone saying they can read your mind seems highly unlikely to me. But listening to your own personal feelings can be very powerful, so long as your mind is clear and not clouded by stress.

Leah

Marter Paranormal Research Team



Ghost Hunters Around the World: Marter Paranormal Research

By Christopher Bailey,
Grimstone Inc. Director

Each year hundreds of new paranormal investigative teams form; there are currently over one hundred ghost hunting groups in Michigan alone. Whether you are a homeowner looking for help or a paranormal enthusiast looking to join a group, it can be tough to find the right fit. This is why the Grimstone Grimoire is dedicated to showcasing what the paranormal community has to offer featuring a new team in each issue. This issue we spoke with co-founders of **Marter Paranormal Research**, Mark Briones & Terri, to see what makes this Michigan team so great.

How did your team start? Mark- We had been with other groups but wanted more freedom with equipment and investigation techniques.

Terri - We also wanted to be able to test new theories and equipment without being restricted by any other groups standard procedures.

What kind of services do you offer clients?
Mark – Mostly research but we work with others to handle almost any situation.

Terri – We will investigate and offer our findings to the clients. We can make recommendations or referrals depending on their needs once we know what we are dealing with.

How much do you charge for your services?
Our services are always free.

What is the goal or mission of your group?
Our mission statement is:

- Marter Paranormal Research Team (M.P.R.T.) is dedicated to the scientific, logical and objective approach towards investigations into claims of paranormal activity.
- Our team takes a professional and scientific approach to all investigations, seeking to exclude

"Our biggest goal is to make advancements in our understanding of the paranormal while helping others"

any natural, environmental or man-made causes for reported activity before making any determination regarding the paranormal.

Our biggest goal is to make advancements in our understanding of the paranormal while helping others.

What is your investigation style? Mark- Mostly science based.

What makes your team different from other groups in your area?
Mark – We have always been a leader with theories new and old. We also build and modify

equipment when needed.

Terri - We love testing out new equipment and new theories and we are always thinking outside the box trying to discover new methods of investigating.

What is the biggest difference between your group's investigative style and what is showcased on popular ghost hunting shows? Mark – Ghost hunting shows?? Terri and I really don't watch many but we have our protocols for hunts that are a bit different than other teams. The shows don't accurately represent the hours of work that need to be put in analyzing the data collected on an investigation and I don't think they give enough credit to the people who do all of that work. We make sure all of our team members have a chance to go over all findings and have their findings added. We don't have 1 star in our group, everyone is a "star" to us.



Marter Paranormal Research along with several other Michigan ghost hunting groups at the annual Michigan Paranormal Gathering.

Photo courtesy of marterparanormal.com

Group Stats

Group Name:
Marter Paranormal Research

Based out of:
Dearborn, MI

Age of Group:
5 Years

Areas Served:
Southern Michigan

Current Number of Members:
9

Services:
Paranormal Research & Investigations

Cost of Services:
FREE

Confidential Services Offered? (yes / no):
Yes

Average Number of Cases Handled Annually:
12-20

Number of Ghost Hunting Trips Attended Annually:
3-4

How to Contact:
marterparanormal@gmail.com
www.marterparanormal.com

What is the strangest thing (paranormal or not) that has ever happened during an investigation?
 Mark- After traveling all over the US I saw my first apparition close to home at our long term project The Willis House Inn.

Terri - I had a shadow person run past me in the solitary confinement area of Jackson State Prison.

passing me within a couple inches. I and 3 others who were with me and saw "him" ran after him down the hallway but we came to a dead end and nobody was there.

Where is the most haunted place you have investigated? Mark - Trans-Allegheny Lunatic Asylum Terri - The Willis House Inn, MI or Gettysburg PA (All over)

What do you think is your most useful piece of equipment? Mark – I have always used video cameras extensively and think as a multi purpose tool they are the best. Not only do you get the video but they also have great microphones and get some awesome evp's.

Terri - Most useful piece of equipment is always your brain. Paranormal investigation is not a 1 size fits all science, always read your situation and act accordingly. Never let your imagination get away with you and always do your homework so you don't miss any opportunity. Besides that, Audio Recorders for gathering evp's and the Mel Meter with Rem-pod attachment for investigating.

What are your feelings on Spirit Boxes (aka, Frank's Box)?
 Mark – I have had great success with ours but once again we use them a little differently.

What are your feelings on ovilus'? Mark – We were one of the first teams to use them and thought it was awesome but times change. We do own a Ovilus 3 but rarely use it due to a Youtube video that showed a group taking one apart. Inside was microprocessors and no sensors, within a few days the video disappeared.

Every person in the paranormal community has a personal reason for their pursuit. Why are you a paranormal investigator? Mark - I've always had a fascination with the paranormal but it wasn't until my grandmother called my mother (twice) after she died that I started really thinking about ghosts.

Terri - Parents tend to tell their

children not to worry because ghosts aren't real. When I was a child, I tended to worry my parents because they are.

Do you have any upcoming events? We have many events planned for the year but the best way to find out whats coming up is from our website: www.marterparanormal.com or our facebook page www.facebook.com/marterparanormal. We would also like everyone to know that we do have public and private investigations at The Willis House Inn.

Anything else you would like to share? Our

team supports Para-Unity. We are proud members of the Michigan Paranormal Association and love being able to work with all of our Para Friends and Family there. The Paranormal people in Michigan are such a wonderful and tight-knit community it is a privilege to be a part of such a great family. We have had so many great experiences investigating and learning with other teams and we are so thankful.

We are also part of the PAST family network and love the opportunities to network with groups all over the country.



When asked what they thought the best piece of evidence they have collected is, co-founder of Marter Paranormal Research Mark Briones said, "We have a trailcam in the basement at Willis (still there) and have several strange pictures but nothing like the face picture. [The top] picture is a baseline photo, [the second picture] has something else. Editor's note: Look by the "M" in Marter Paranormal to the left of the top tub.

Photo courtesy of Marter Paranormal Research

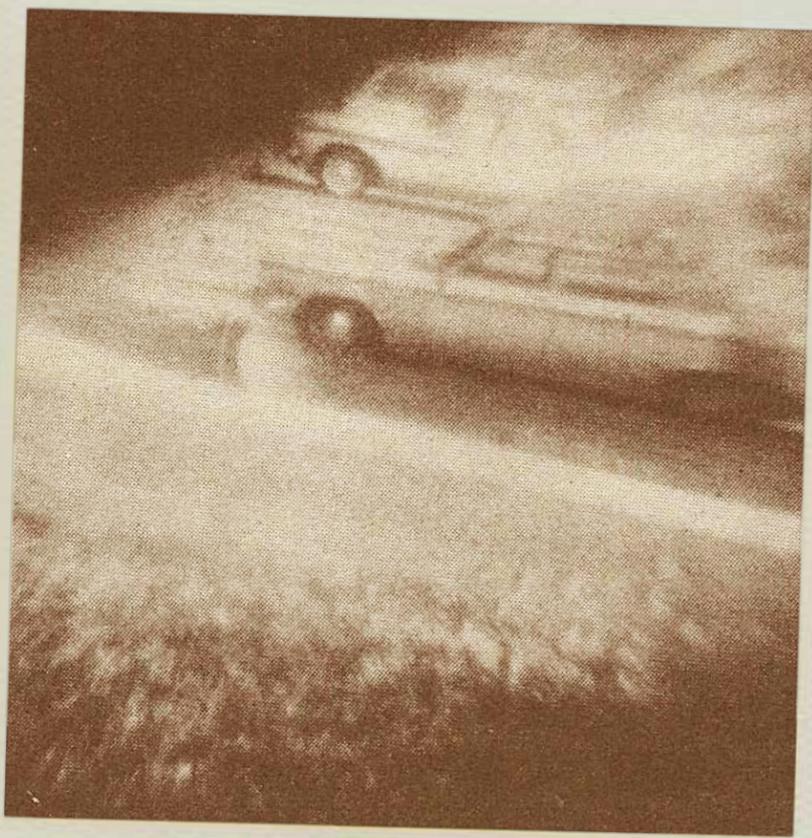
The Willis House

Private investigations now available.



With all of the amazing paranormal activity going on and successful investigations, the owners of the Willis House Inn have decided to make it available to teams to rent the location for private investigations. You now have the option to rent this location just for your team to investigate instead of trying to schedule a public tour.

Visit Marterparanormal.com for details



During a research session Ted Serios produced several thoughtgraphs using supporter Jule Eisenbud's camera. Skeptical of the process, Dr. Bruce Merrill insisted his own personal 80 Polaroid camera be used. The image above was created using that camera.

Photo Courtesy of Jule Eisenbud's book "The Word of Ted Serios"

Thoughtographs? Get Serios

By Kara Swanson, Grimstone Gazette
Editor-in-Chief & Field Investigator

Imagine yourself in a room filled with scientists, psychologists, doctors, and paranormal skeptics all watching an inebriated man whaling, flailing, and making facial gestures that are enough to make anyone think "this guy is crazy." But then suddenly, the crazy man yells at the photographer standing on the other side of the room to trigger the shutter. Then, like magic, a Polaroid appears of a car parked on a street. Rationally, anyone present would think, "This is too good to be true", but is it?

How would a photo of a car outside appear when clearly the photo was taken and the Polaroid was exposed inside a laboratory the instance the "crazy man" said to take a photo? Some say it was trick, but others say this is a case of parapsychology.

Born in 1918 Theodore, a.k.a Ted, Serios was a Bellhop in Chicago who claimed he could produce photographs using psychic powers; he called these thoughtographs. Serios preferred method was to hold a small plastic tube, that he called a gizmo, to his forehead or to the camera. By intently focusing on the camera's lens, he was able to "produce dreamlike pictures of his thoughts on the film"⁽³⁾. These photos were usually blurry and would often depict parts of people or a scene/landmark.

According to Ted, "the gizmo helped focus his thoughts"⁽²⁾. Also aiding in the process was alcohol, which he regular consumed to lower his inhibitions he claimed⁽¹⁾. Some of his most vivid and clear thoughtographs were produced when he was the most inebriated.

When Serios was not under the influence of alcohol during his psychic projection process, he would often produce what he and his supporters referred to as "blackies" or "whities." "Blackies" were entirely black photos looking as though the film had not been exposed and "Whities" were the

opposite – appearing mostly white as though the film had been overexposed.

In the 1960's Serios's abilities caught the attention of a clinical professor of psychiatrist at the University of Colorado Medical School named Jule Eisenbud. First a skeptic of the phenomenon, Esienbud dedicated his work to proving to the world and critics alike that Serios's gifts were genuine. The Parapsycological Association member pushed Serios's thoughtographies into the spotlight subjecting him to hundreds of thorough and scientific tests⁽³⁾.

Serios's methods, which were often chaotic, made him an easy target for critics. Even Ted's biggest supporter Eisenbud regarded him as difficult and erratic noting that he had many issues with the law⁽³⁾. In Eisenbud's book *The World of Ted Serios: "Thoughtographic" studies of an extraordinary mind* published in 1967, he wrote, "[Serios] exhibits a behavior pathology with many character disorders. He does not abide by the laws and customs of our society. He ignores social amenities and has been arrested many times"⁽¹⁾.

Most people are not aware or are unwilling to admit the extent Eisenbud and his team went to debunk Serios and his abilities. Even famous Serios critics like James Randi and Nile Root admitted that Serios was subjected to strip searches at the beginning of tests⁽⁴⁾.

Most critics claimed that Serios's gizmo was the logical cause of the so-called psychic impressions. They believed the gizmo actually hid a piece of exposed film or a marble with a photograph attached to it which caused the so-called phenomenon to occur⁽⁴⁾. While similar results could be produced using the critics method as Randi and even Eisenbud showed, Serios was able to produce thoughtographs when scientists were allowed to make the gizmo,



when investigators were able to block the gizmo's line of sight from the camera, while skeptics held the gizmo, and even when it was completely removed from the room - just to name a few experiments implemented ⁽¹⁾. On top of that the gizmo was regularly checked during each test to make certain no device was being kept in the aid - this was in addition to the several still and video cameras that were constantly running to ensure no slight of hand was used.

Those successes were not enough for Eisenbud; he still sought to win over critics once and for all by adding more perimeters to the investigations. Serios was able to produce thoughtographs from as far away from the camera as 66 feet and even while the camera was in another room ⁽¹⁾. Thoughtographs emerged when Ted was placed in a rubber suite to address concerns of magnetism being the cause of the photographs and even when he was placed in an electromagnetically shielded environment with the camera outside of the cage ^(1 & 4). Occasionally volunteers were asked to offer up the topic of Serios's thoughtographs by bringing a photo sealed in an envelope. He was still able to successfully complete the task.

Whether you believe in Ted Serios's

thoughtography or not, I encourage you to decide for yourself. If you base all of your opinions on just the information Serios and Eisenbud's critics have released, then you will miss out on some of the little known facts about some of the controls used and tests that occurred to help defend Serios. It is these things that made the evidence at hand so compelling. After all, to date, no one has ever been able to perform the gimmicks critics say Serios uses without being detected. Similarly, no one has ever been able to document Serios using trickery to produce thoughtographs.

*For more information on Ted Serios and his thoughtographs, read Jule Eisenbud's book *The World of Ted Serios: "Thoughtographic" studies of an extraordinary mind* and James Randi's book *Flim-Flam*.*

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The Scole Experiments

By Barbara Duperron, Grimstone Inc. Field Investigator

In early 1993, a group of four psychic researchers came together to begin a long-term experiment with the aim of providing proof of life beyond death. The group, consisting of two psychics and two organizers/researchers, met twice a week for five years, at a home in Scole, Norfolk (England). The group wanted to provide tangible and irrefutable evidence that they were communicating with spirits and invited independent investigators to many of their experimental meetings. These sessions became known as the Scole Experiments.

Diana and Alan Bennett, the two psychics involved in the Scole Experiments, practiced physical mediumship, the object of which is to provide witnessable events that can be verified through audio/visual evidence. Examples of witnessable events would include levitation (floating objects), apports and teleportation (objects appearing and disappearing) all of which happened during the sessions at Scole. The other team members, Robin and Sandra Foy, both held a long term interest in the paranormal, especially physical mediumship and were responsible for overseeing the sessions and experiments.

The sessions took place twice a week in a small cellar in a home located in Scole. The team members met for the express purpose of communicating with the deceased and to that end, the Bennetts would fall into a trance to facilitate this communication. They believed that the spirits could speak through them during a state of trance. The Foy's interacted with those speaking through the Bennetts and were often given instructions to improve their communication

(2)

The first year saw very little activity. But the team was determined and continued to meet twice weekly and faithfully attempt to communicate with the spirit world through trance. Slowly they began to experience activity they believed was attributable to the spirits and by 1995 they were getting consistent, witnessable phenomena. Over time, the team began to receive instructions detailing ways to improve communication. The Foy's and Bennetts allowed the spirits to guide their sessions and followed their instructions. One early set of instructions involved a bell jar. The Foy's were told to place a bell jar (glass dome) on the middle of the table in the cellar during a session. The bell jar was meant to be a focal point, where the spirits could focus their energy. During the session with the bell jar on the table, the Foy's captured photographs of red light being emitted from the bell jar, though there was nothing inside the jar and no other light source in the room. Naturally, this caused a lot of excitement for the team members. However, though this was exactly the kind of evidence they were hoping for, they knew the general public would simply write off the photographs as fake (2). It was at this time that the team decided to invite independent investigators to their meetings (1).

The team invited individuals from various institutions, most notably the London based Society of Psychical Research, to participate and document sessions at Scole (1). The Society of Psychical Research is an organization well over a century old and has included many respected researchers and scientists including a dozen Nobel laureates. The Society's aim is detached, un-biased observation of supposed paranormal activity (2).



In 2010, Brian Dunning and physicist Mark Edwards were hired by the Discovery Channel to re-create the Scole seance experiments. Like the original experiments, they conducted a seance completely in the dark with no light present. The film crew used infrared cameras to not disrupt the dark environment. Dunning dressed all in black so he could not be detected by the other guests, who had no knowledge of the set-up. Edwards lead the seance as Dunning secretly manipulated the participants by spraying pertinent scents in the room, creating orbs with a small LED flashlight, touching the skeptics at opportune times, and much more. Two seances were conducted and later the people were asked what they had experienced and if they believed it to be real.

Photo Courtesy of Monterey County Skeptics Blog



Above are physic photographs taken with a standard SLR camera produced during the original Scole seances. Both images were taken completely in the dark. The contents of the images are said to relate to specific conversations held during the experiment.

Photo Courtesy of TheScoleExperiment.com

With the addition of new people at many of the Scole sessions, the team was concerned that the spirits may be less enthusiastic about communication. However, the unexplained phenomena continued, unabated. Many of the early experiments, **Continued on page 11** **Continued from page 10** as outlined by the spirits, involved photography. During one such experiment, the Foys were told to place a loaded camera (35mm) on the cellar table. All present at that session said they could hear the camera moving around above them, snapping pictures and advancing the film. All of this occurred in complete darkness. When the film was developed on-site, immediately after the session, the participants saw photographs of buildings, vistas, even human faces. Again, the team was concerned that the general public would cry foul, so they invited independent investigators to handle the film during subsequent photographic experiments ⁽²⁾.

In later sessions, the spirits began to instruct the team to place unopened canisters of 35mm film on the table, in total darkness. This produced astonishing results. When the film was developed after the sessions, the participants discovered images including drawings, poetry, writing in various languages, even instructions for building a device to allow the spirits to speak through a machine instead of the Bennetts. At this point, the team was no longer handling the film. They asked a variety

of independent investigators to select and inspect the film on their own, carry it with them into the cellar and place the signed canister on the table in front of them. They even went so far as to have the independent investigators place their signed canister of film into a locked box, which was never to leave the investigators hands during the entire session. The same investigator would develop the film on-site, immediately after the session ended, in front of witnesses. Despite these precautions, the rolls of film continued to display unexplained images and text after the sessions ⁽²⁾.

Other instructions from the spirits involved experiments with audio and video tapes. The Foys were asked by the spirit team to bring a blank audio cassette, selected and handled by an independent investigator, to some of the sessions. During the session the blank tape was played on a cassette recorder while the Foys and others interacted with the spirits. When the spirit responded, it did so through the cassette recorder. Voices that did not belong to anyone in the room could clearly be heard by all. They responded intelligently to the team queries and asked questions of their own. The video experiments were much the same. Video cassettes

were handled only by the independent investigators and the video camera operated in complete darkness. The videos produced a multitude of images, moving and still. The team and the guests saw faces, lights, and images that appeared to be doorways. All of this occurred in total darkness, with independent investigators present to verify what occurred ⁽²⁾.

The team and its guests were not restricted to experiencing the spirits through film/video only. The list of unexplained phenomena includes balls of light moving throughout the cellar, disembodied voices and hands, glowing forms that hovered in the air near the participants. All of which interacted with the team and its guests by speaking directly to them, interacting intelligently (responding non-verbally to questions) and even touching the participants. Those present also witnessed objects appearing on the table from nowhere. Known as apports, these objects were not in the room prior to the session, but appeared out of thin air. Over the five years, the team witnessed the appearance of over 80 apports. One stunning example is a newspaper from 1945. Upon analysis, the paper was confirmed to be printed on war-time newspaper, which has a different chemical formula than the standard newsprint, and printed on letterpress, a now extinct form of printing ⁽²⁾.

Despite the preponderance of evidence, the team still has its skeptics. Many say that the so-called evidence was simply faked by the team members. But the Bennetts, the Foys and a host of independent researchers and witnesses are confident that the evidence was not faked. The Scole Experiments came to an end in late 1997 ⁽²⁾. In the years following, many articles, books and documentaries have been produced outlining the details of what occurred in that tiny cellar.

Many of these articles and a great deal of evidence can be viewed at www.thescoleexperiment.com. Today, the Bennetts and the Foys are reunited to try, once again, to communicate with the other side.

For more details on their current experiments, visit www.facebook.com/beyondthescoleexperiment. Also, an excellent documentary called *Afterlife Investigations: The Scole Experiments*, can be found on Netflix. 📺

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EERIE FACTS



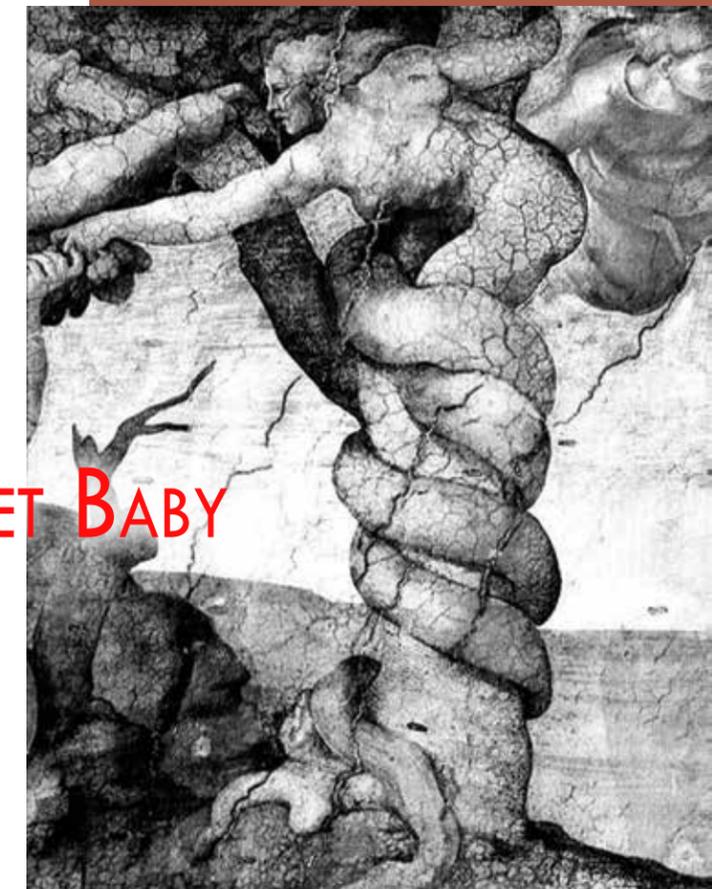
ASHES TO ASHES, WE ALL FALL DOWN

As children we all played Ring Around the Rosie....but do you know what the lyrics really mean? If not, please allow me to shed some light on the matter. The ring around the rosie referred to the rings that developed around the sores caused by the Bubonic Plague. A pocket full of posies is in reference to the placing of flowers in the pockets of the deceased to stop the smell of decay. Yuck! Ashes to ashes were the bodies being burned to stop the spread of disease. We all fall down.....Everyone has to die, right? At least in Europe and Asia they were dropping pretty regularly during the plague.

By Suzette Parling,
Grimstone Inc. Lead Investigator

LULLABY. LULLABY, MY SWEET BABY

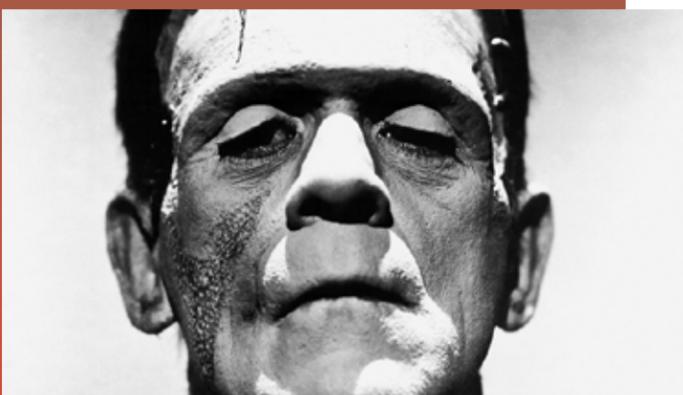
Some believe of the origin of the lullaby song comes from the Hebrew "Lilith-Abi", which translates to "Lilith begone." Legend has it that Lilith would steal the souls of newborn children to make up for her demon spawn that were killed nightly in retaliation for her disobedience towards God and Adam, and for copulating with the lord of the underworld Satan himself.





VAMPIRE GRAVE CAGE

So everyone on social media has had the picture and/or article pop up on their newsfeed of the "Vampire Cage" at least once. The legend states that cages were placed in the graves of suspected creatures of the night, the fanged ones, the Victorian vampire. But in actuality the metal cage was designed to keep would be body thieves from stealing freshly buried corpses. The bodies would be retrieved from their resting place and sold to medical schools for the purposes of learning human anatomy via dissections. To prevent the body snatchers, the Mortsafes were developed.



FRANKENSTEIN CASTLE

Mary Shelley allegedly toured Germany and visited Burg Frankenstein castle, where it is said that she got a little inspiration for her novel Frankenstein.

But what really got her creative juices flowing was the dark and dreary days of the "Year Without a Summer." In 1815, a volcanic eruption caused an ash cloud to cover the hemisphere, blocking out the sun. The eruption of Mt. Tambora of Indonesia was so powerful that it caused global climate changes. The phenomenon lasted three years, but it was the summer of 1816, that was effected the most; hence the true year so hour a summer. It was said that the weather was so bad, that Mary Shelley, along with her friends, Lord Byron and John William Polidori stayed indoors at Villa Diodsti on Lake Geneva and spent their Swiss vacation having a "spooky" writing contest. And that is where Frankenstein's monster was brought to literary life. 🧛‍♂️



Paranormal Happenings

EVENT	LOCATION	WEBSITE	STARTS	ENDS
Ghosts of the Gold Rush	Mokelumne Hill, CA	http://lostsoulsinv.com/event/ghost-gold-rush/	1/13/2017	1/15/2017
Yuma Prison ParaCon	Yuma, AZ	http://www.yumaprisonparacon.com/ http://www.kelsolongviewchamber.org/event/2017-squatch-fest-tickets	1/20/2017	1/22/2017
Squatch Fest	Longview, WA		1/27/2017	1/27/2017
American Hauntings Dead of Winter Festival	Decatur, IL	http://prairieghosts.com/winter.html	2/11/2017	2/11/2017
International UFO Congress	Scottsdale, AZ	http://ufocongress.com/	2/15/2017	2/19/2017
UFO Paranormal Summit	Ocean Shores, WA	http://www.ufosummit.com/ https://www.facebook.com/events/1670882543238830/	2/23/2017	2/25/2017
ParAmeriCon	Gettysburg, PA		3/4/2017	3/4/2017
Gift of Light Expo	Columbus, OH	http://www.giftoflightexpo.com/ https://www.eventbrite.com/e/6th-annual-paranormal-unity-fest-tickets-28696925276?aff=erelexpmlt	3/11/2017	3/12/2017
6th Annual Paranormal Unity Fest	Glen Rose, TX		3/18/2017	3/18/2017
Oregon Ghost Conference	Seaside, OR	http://www.oregonghostconference.com/ http://www.centerforcryptozoologicalstudies.com/the-butler-paranormal-conference-2016/	3/31/2017	4/2/2017
10th Annual Butler Paranormal Conference	Lyndora, PA		4/1/2017	4/1/2017
Gift of Light Expo	Cleveland, OH	http://www.giftoflightexpo.com/	4/1/2017	4/2/2017
Ozark Mountain UFO Conference	Eureka Springs, AK	http://ozarkufoconference.com/	4/14/2017	4/16/2017
Aurora Alien Encounter	Aurora, TX	http://roswellbooks.com/aurora/	4/21/2017	4/22/2017
Salem Con 3	Salem, MA	http://www.mghparanormal.com/	4/21/2017	4/22/2017
MUFON PA Conference	Erie, PA	http://mufonpa.com/wp1/?page_id=925	4/29/2017	4/29/2017
SpiritCruise III: The Ghostly Galivant	Orlando, FL (depart)	http://www.spiricruise.com/	4/29/2017	5/6/2017
2017 Pennsylvania Bigfoot Camping Adventure	Farmington, PA	http://www.pabigfootcampingadventure.com/	5/5/2017	5/7/2017
New Jersey Paraunity Expo	Woodbridge, NJ	http://www.newjerseyparaunityexpo.com/	5/13/2017	5/13/2017
McMenamins UFO Festival	McMinnville, OR	http://ufofest.com/ https://www.eventbrite.com/e/a-haunting-in-the-desert-3rd-annual-tickets-26259412610?aff=erelexpmlt	5/18/2017	5/21/2017
A Haunting in the Desert	Tombstone, AZ		5/19/2017	5/21/2017
Enigmacons	Radford, VA	http://www.enigmacons.com/topics.html	5/19/2017	5/20/2017

Paranormal Happenings

EVENT	LOCATION	WEBSITE	STARTS	ENDS
Ohio Bigfoot Conference	Lore City, OH	http://ohiobigfootconference.org/	5/20/2017	5/20/2017
Seventh Annual Afterlife Awareness Conference	Portland, OR	http://afterlifeconference.com/	6/1/2017	6/4/2017
Haunted America Conference	Alton, IL	http://www.americanspookshows.com/	6/23/2017	6/24/2017
Dulce Base UFO Conference	Dulce, NM	https://dulce-base.com/	6/30/2017	7/2/2017
IANDS 2017 Conference	Denver, CO	http://conference.iands.org/	8/3/2017	8/6/2017
8th Annual Michigan Paranormal Convention	Sault Sainte Marie, MI	http://miparacon.com/ http://www.internationalbigfootconference.com/	8/24/2017	8/26/2017
International Bigfoot Conference	Kennewick, WA		9/1/2017	9/3/2017
Cryptid Con	Frankfurt, KY	http://www.cryptidcon.com/	9/9/2017	9/10/2017
Mothman Festival	Point Pleasant, WV	http://mothmanfestival.com/	9/16/2017	9/17/2017
16th Annual Texas Bigfoot Conference	Jefferson, TX	https://www.facebook.com/events/511211039085232/	10/6/2017	10/7/2017
Little Traverse Bay Parafest	Petosky, MI	www.ltbparafest.com https://columbiahistory.net/2016-albatwitch-day/	10/13/2017	10/14/2017
Alabatwitch Festival	Columbia, PA		10/14/2017	10/14/2017
MUFON Philadelphia Area UFO Conference	Langhorne, PA	http://mufonpa.com/wp1/?page_id=599	10/27/2017	10/28/2017
Ghost Psychic/Spiritual	Cryptozoology UFO / Alien			

Namaste

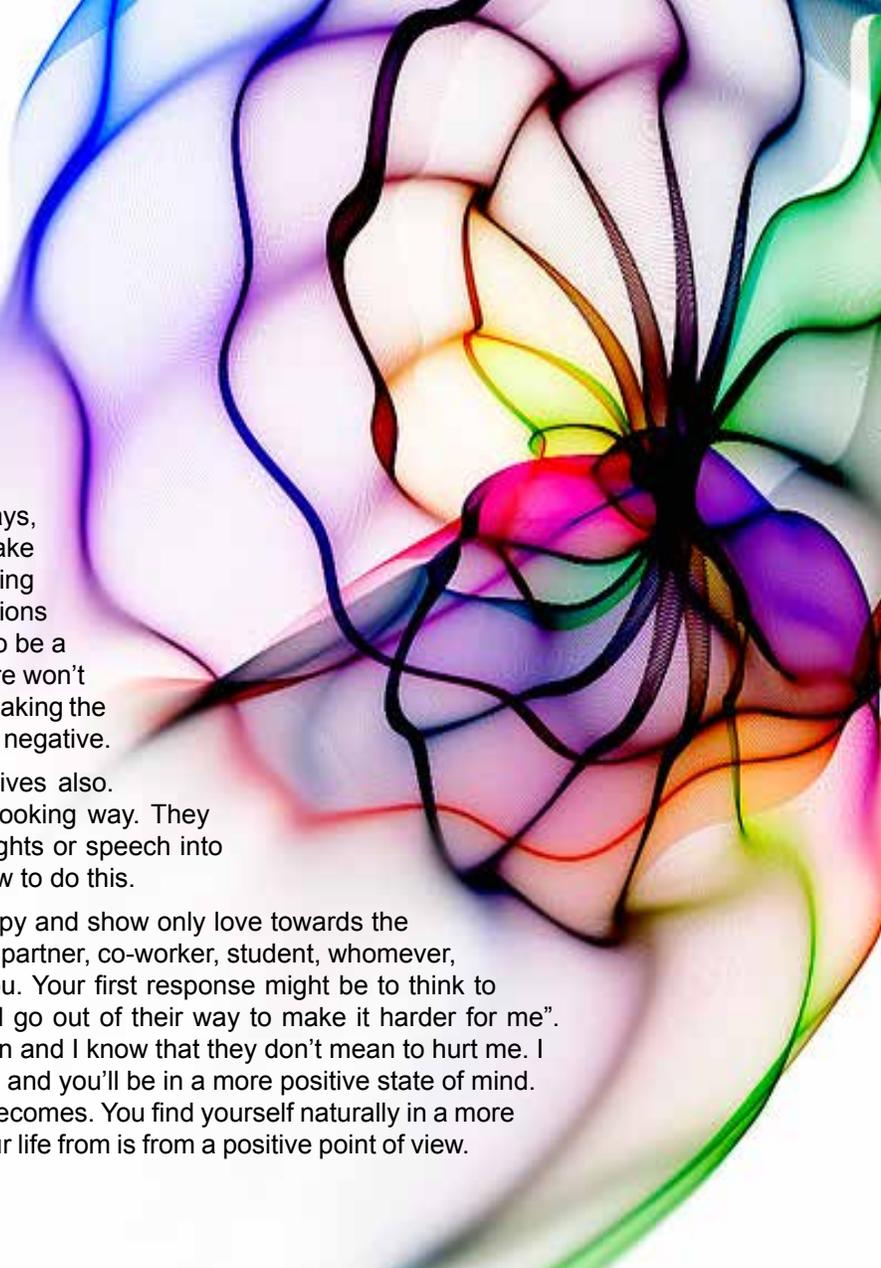
By Mary Harp, Grimstone Inc. Field Investigator

As we settle into winter, relaxing after the holidays, and looking forward to spring, it's a good time to take inventory of what we're looking to do in the coming year. I'm a firm believer in setting positive intentions and so I'm setting the intention that 2017 is going to be a fantastic year. That doesn't mean that I believe there won't be anything sad or discouraging; it just means I'm making the choice to view things from the positive, and not the negative.

Intentions are good things to set for our daily lives also. To help us start each day in a positive, forward looking way. They make it easier for us to change our negative thoughts or speech into something positive. Below is an example about how to do this.

Say that the following is your intention: I am happy and show only love towards the people in my life today. And then let's say that your partner, co-worker, student, whomever, does or says something that irritates or angers you. Your first response might be to think to yourself "I can't stand that they are so selfish and go out of their way to make it harder for me". Instead, you could choose to say, "I love this person and I know that they don't mean to hurt me. I forgive them and let it go". Your irritation will lessen and you'll be in a more positive state of mind. The more that you do this in your life, the easier it becomes. You find yourself naturally in a more positive state of mind. And the best place to live your life from is from a positive point of view.

Namaste. 🙏



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